

Installing GloryFit app on phone and connecting to Wearable Health Sensor

Instructions - Version 1.0 – October 12, 2020

- 1) Install iPhone or Android App
 - a. <https://www.healthlynked.com/wearable-health-sensor-app-download/>
- 2) Click "Ignore" at top right of screen
- 3) Select "Agree"
- 4) Click "Ignore" Again
- 5) Select from "Current Phone"
- 6) Click "Next" upper right
- 7) Allow permissions if asked
- 8) Select Gender
 - a. Choose "Male" or "Female"
- 9) Click Right Arrow button at the bottom of the screen
- 10) Select Height
 - a. Choose between cm (default) or ft
- 11) Click Right Arrow button at the bottom of the screen
- 12) Select Weight
 - a. Choose between "kg" or "lbs"
- 13) Click Right Arrow button at the bottom of the screen
- 14) Select Age
 - a. Enter your Birth Year
 - b. Enter your Birth Month
- 15) Enter the target steps
- 16) Click Complete
- 17) Choose Device Location Access
- 18) Select Device
 - a. Click Select Device
 - b. Bring watch next to phone
 - c. Select Device
 - i. To check Device ID
 1. Click top right button on watch
 2. Swipe down on screen
 3. Tap Info icon
 - d. Click on your device listed on screen
- 19) Device Connects
- 20) Adjust settings
- 21) Enjoy using your watch and software**